

Anette Mwikisa



Meet Anette Mwikisa. She lives in Zambia and she is married with 4 children.

Before Anette and her family were helped by a SCIAF funded project, hunger was a reality. Anette told us:

“We didn’t have knowledge of how to farm well in a changing climate. We didn’t have enough food to eat. We had problems with money. I couldn’t afford to buy school uniforms for my children. We would eat one meal a day and there was no variety in our food. We just ate whatever we had. There were times when we had no food.”

Now Anette shares a garden with a neighbour called Virginia who is also part of the SCIAF project. They work very well together. They have learned better ways of farming and how to control pests using natural plants and herbs. They use cow and goat manure on their crops because they know that chemical fertilisers are bad for the soil and expensive. They’ve noticed a difference in the soil and the crops grow better.

Anette said:

“Now I have money to spend on school fees, soap and other necessities. Now I’m able to give my children enough food. We can have three meals a day. I grow maize, okra, cabbages, onions and tomatoes and the vegetables taste very good. I can sell some maize and I’ve been able to get some goats and buy a water pump for my crops.”

If Anette had not been helped she would have had a lot of problems. She would have most likely have had to work in other people's fields for very little money while now she can earn money by selling vegetables from her own garden.

Anette said that she the project has given her more freedom. She said:

"I have been empowered now that I know how to farm. I can ask for help if I need it and working together is a good thing."

"I'm very thankful for the knowledge I've gained. This shouldn't be the end. Please continue helping others."