



**TOGETHER,
WE CAN END
POVERTY**



SECONDARY CLASSROOM ACTIVITIES

Creating a world without poverty,
where the poorest can survive
and thrive.



**"I am the vine; you are the branches.
If you remain in me and I in you,
you will bear much fruit."**

— John 15: 5



WHAT'S IN IT?

Within this resource you'll find classroom activities specific to the TIOF curriculum, with other Experiences and Outcomes referenced. Activities and information within this document will help your school connect with the country of Uganda and the support that SCIAF, with your help, is able to give.

We would encourage you to use the rest of the DVD-ROM which contains prayer resources, fundraising ideas, assembly PowerPoint presentations and videos.



**Please tweet your activities to @sciaf
#WEEBOX to share what you're doing.**

If you'd like a visit from a SCIAF speaker to lead lessons, workshops, or speak at assemblies, call us on **0141 354 5555** or email **schools@sciaf.org.uk**

Uniting to end poverty, we will continue to help our sisters and brothers in most need and live Jesus' message of 'bearing fruit that will last'.

Thank you,

Elaine McGinlay *M Booker*

Elaine McGinlay and Mark Booker
Schools and Education Officers



WELCOME TO UGANDA

Uganda has one of the youngest and fastest growing populations in the world. It's a beautiful country of huge potential, solid economic growth in recent years and astonishing wildlife which helps attract around a million tourists each year. Ugandan's are renowned for their warmth and hospitality.

Unfortunately, in central and northern regions of Uganda, high unemployment rates, HIV and AIDS, and the legacy of war, have left a high number of orphans and a generation of young people without hope, trapped in extreme poverty.

FACTS AND STATS

- Uganda has a population of 41.5 million people
- Uganda's biggest export is coffee. Among it others top exports are fish, maize and tea
- Uganda is the biggest producer of bananas in Africa
- About 66% of Ugandans work in farming
- It has one of the youngest, most rapidly growing populations in the world. About half of Uganda's population are under the age of 14 years
- Over 33% of Ugandans live in extreme poverty – less than £1.45 per day
- Northern Uganda is recovering from two decades of brutal conflict which forced around two million people to leave their homes and villages, with limited access to healthcare
- It is estimated that 7% of Ugandans live with a disability, and 1.5 million with HIV and AIDS
- About 33% of Ugandans practice Roman Catholicism, while another 33% are Protestant
- The primary language in central/south Uganda is Luganda. In northern Uganda it's Acoli.

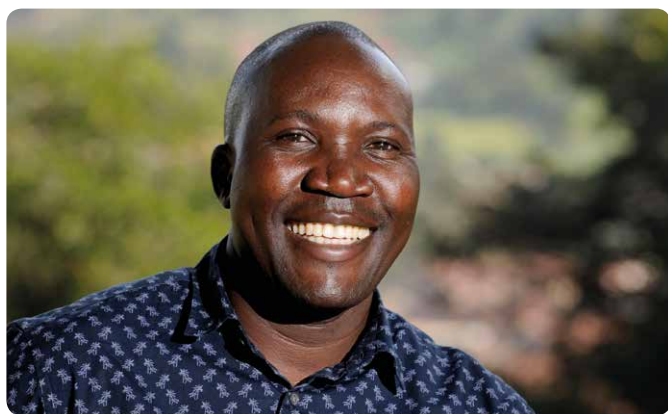
Facts taken from World Bank Uganda, Uganda National Household Survey, Uganda AIDS indicator survey and www.nationfacts.net/uganda





SCIAF IN UGANDA

Working with our local partners, we're providing seeds, farming tools and training to help vulnerable young people to learn how to grow more food using sustainable and organic farming methods which don't harm the Earth. Some are helped to set up small businesses with the help of small loans, get training so they can learn about savings, financial management and how to run a business. We're giving people a hand up, so they can work their way out of poverty, live a life with dignity, support themselves and their families and build a bright future.



**Here's what Father John,
Director of Caritas Lugazi said,**

"In the diocese we have many young people who have lost their parents due to HIV and AIDS some have been brought up in very poor families with no chance of an education. Almost 60% of the youth are in need. They don't have food for their families.

"As a way of addressing the needs of the people, we got in touch with our partner in Scotland, SCIAF, and developed a programme to help the youth. We're working with people aged 15 to 35 - the need starts young. In Uganda around 66% of the country are involved in agriculture, so we're teaching people to grow food and feed the family, and sell the surplus".

"I would like to say a big thank you to all the people in Scotland who've been very generous to us. Without your support we wouldn't have been able to do anything for the young people. So thank you. Be assured of our prayers and know that much has been achieved because of your support and love and care you've given to our people."

MEET THE WEE BOX FAMILY

"Before, we had no hope. But now I have seen a great light in the future."

Lydia is 26 years old and a single mum to five children, including two she adopted. They live in a small village in central Uganda where poverty and unemployment are rife. Lydia struggled to buy food for her children to eat but with a little help she's now able to provide for her family and has even set up a business as a hairdresser.

"I was living in a very poor situation. My biggest challenge was food. We didn't have enough for the family to eat and sometimes we would go to sleep on empty stomachs."

Lydia's parents died when she was just 13 years old, Lydia and her seven siblings were forced to raise themselves.

Just three years later at 16 years old, she adopted her two nephews after her sister's new husband disowned them. Then, at 24, when she was pregnant with her youngest child, Lydia's husband left her, plunging them deeper into poverty.

"My children couldn't attend school because I couldn't afford school fees or materials. I couldn't provide for their basic needs, like clothes."

Thankfully, Lydia's situation began to change when she got involved in a project run by SCIAF's partner Caritas Lugazi.

"I heard through others in the village about a local group, organised by Caritas. I received seeds and banana plants, and lots of training. I am now part of the saving and loans group."

With the support she received, Lydia was able to transform her family's situation.

"Now I don't worry. My life has improved. I feel like a human being."

The support Lydia received changed her life. The family had enough to eat and saw many changes in their lives, but, Lydia's story doesn't end there. With the money she saved, Lydia was able to set up her own business as a hairdresser and provide security for her family's future.

"With my first maize harvest I paid school fees. With my second harvest I started the mobile salon. It feels great to be a business woman. I also teach other community members. Over time, I have bought all of the supplies myself."

"I feel great now. I am living a happy life. My children are in school and I have enough food. My life has changed a lot."



CLASSROOM ACTIVITIES

At SCIAF it is our aim to provide activities that cover or reference Es & Os within Learning Outcomes across various levels. Without specifically mentioning Es & Os, the following activities are formed around the Learning Outcomes 3.20, 3.21 and 4.20. Please use the prayer resources on the DVD in conjunction with the classroom activities.

If the pupils have not already read or heard the SCIAF WEE BOX story, you may wish to show the WEE BOX video as it will quickly introduce them to this year's country focus and give some information about the work of SCIAF in Uganda.

SCIAF are supporting young people and families in Uganda to grow their own fruit and vegetables so that they have enough food to eat and can sell the extra to earn an income.

Fruit satisfies the physical need for nourishment but the Bible also talks about 'fruit' in relation to Christian characteristics that come from the Holy Spirit. When the Holy Spirit is at work in us we are able to exhibit the 'fruits' in their purest form.

Galatians 5: 22-23 says 'The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things.'

St Paul is writing to the Church in Galatia and prior to the verses above he contrasts life without the Holy Spirit and that it is devoid of love, joy, peace...

BEARING GOOD FRUIT?

Read Galatians 5: 22 to the class

As well as recognising 'good fruit' it is important to think about how, practically, we can show the 'fruits'. This is a simple activity that encourages the pupils to get into groups and discuss and write down examples of how they can show love, joy, peace etc.

Give each group a couple of different 'fruits' and challenge them to think of and write down three examples of how we can practically show each kind of 'fruit'. For kindness it might be to say hello to a local shopkeeper and ask how their day is or for generosity it could be to go without chocolate and put the money in a WEE BOX instead. The pupils can come up with anything relating to their 'fruit' but important that they come up with things that they can actually do.

Each group should have the chance to feedback their ideas to the rest of the class.

Love

Joy

Peace

Patience

Kindness

Generosity

Faithfulness

Gentleness

Self-control

UNDERSTANDING THE WORK OF SCIAF

The purpose of this classroom exercise is for pupils to gain a better understanding of SCIAF's work. Not only what we do, but why and how we do it. We want everyone to know that we work in a way that is directed by Scripture and Church teaching.



By watching the five minute 'SCIAF our work' video and by completing the questions on the next page (print off), pupils will gain a comprehensive understanding of SCIAF.



MASS IN UGANDA

We know that attending Mass is both a privilege and an obligation for Catholics. According to Vatican figures (Census of the 2017 Annuario Pontificio) there are over 1.2 billion Catholics globally, many of whom attend the celebration of Mass in various different types of Church buildings and with varying cultural differences. About 33% of Ugandans practice Roman Catholicism, while another 33% are Protestant. Please share the PowerPoint presentation in the 'classroom activities' folder entitled 'Mass in Uganda' This activity will make reference to TIOF Es & Os, rather than cover them.



SCIAF
Supporting faith and community
development

QUESTION SHEET ABOUT SCIAF

What does SCIAF stand for?

What is SCIAF part of globally?

What are some of the ways that SCIAF support our sisters and brothers around the world?

What inspires SCIAF's mission?

How is SCIAF supporting refugees in Lebanon?

In what ways does SCIAF support the 'whole person'?

Explain what is meant by 'giving a hand-up and not a hand-out'?

Why does SCIAF work with partners in Colombia, Ethiopia, Cambodia etc.?

How does SCIAF work?

How does Scotland play its part in serving our sisters and brothers around the world?

A TASTE OF UGANDA

Experience a taste of Uganda by making this beef and coconut stew.



UGANDAN BEEF & COCONUT STEW



300g of beef, cut into thin strips
A small handful of fresh coriander, chopped
1 tbsp of curry powder
1 tin of coconut milk
1 red chilli, finely chopped
1 onion, chopped
4 garlic cloves, crushed and chopped
2 tbsp of vegetable oil
Salt and freshly ground black pepper

Make a marinade for the beef by mixing the oil with the coriander, curry powder, garlic and chilli in a blender or using a pestle and mortar.

Add the marinade to your beef with a little salt and pepper, then cover and leave in the fridge for at least an hour.

Put the onion, beef and the marinade in a large pan and fry on a very low heat for 10 minutes. Add the coconut milk and simmer for 30-40 minutes, or until the meat is tender. Stir occasionally and add water if necessary. Serve with rice.

Scottish Catholic International Aid Fund

SCIAF is the official overseas aid and development charity of the Catholic Church in Scotland and a proud member of the Caritas family.
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