



**TOGETHER,  
WE CAN END  
POVERTY**



## **PRIMARY CLASSROOM ACTIVITIES**

Creating a world without poverty,  
where the poorest can survive  
and thrive.





**"I am the vine; you are the branches.  
If you remain in me and I in you,  
you will bear much fruit."**

*— John 15: 5*



## WHAT'S IN IT?

Within this resource you'll find classroom activities specific to the TIOF curriculum, with other Experiences and Outcomes referenced. Activities and information within this document will help your school connect with the country of Uganda and the support that SCIAF, with your help, is able to give.

We would encourage you to use the rest of the DVD-ROM which contains prayer resources, fundraising ideas, assembly PowerPoint presentations and videos.



**Please tweet your activities to @sciaf  
#WEEBOX to share what you're doing.**

If you'd like a visit from a SCIAF speaker to lead lessons, workshops, or speak at assemblies, call us on **0141 354 5555** or email **[schools@sciaf.org.uk](mailto:schools@sciaf.org.uk)**

Uniting to end poverty, we will continue to help our sisters and brothers in most need and live Jesus' message of 'bearing fruit that will last'.

Thank you,

*Elaine McGinlay* *M Booker*

**Elaine McGinlay and Mark Booker**  
Schools and Education Officers





# WELCOME TO UGANDA

Uganda has one of the youngest and fastest growing populations in the world. It's a beautiful country of huge potential, solid economic growth in recent years and astonishing wildlife which helps attract around a million tourists each year. Ugandan's are renowned for their warmth and hospitality.

Unfortunately, in central and northern regions of Uganda, high unemployment rates, HIV and AIDS, and the legacy of war, have left a high number of orphans and a generation of young people without hope, trapped in extreme poverty.

## FACTS AND STATS

- Uganda has a population of 41.5 million people
- Uganda's biggest export is coffee. Among it others top exports are fish, maize and tea
- Uganda is the biggest producer of bananas in Africa
- About 66% of Ugandans work in farming
- It has one of the youngest, most rapidly growing populations in the world. About half of Uganda's population are under the age of 14 years
- Over 33% of Ugandans live in extreme poverty – less than £1.45 per day
- Northern Uganda is recovering from two decades of brutal conflict which forced around two million people to leave their homes and villages, with limited access to healthcare
- It is estimated that 7% of Ugandans live with a disability, and 1.5 million with HIV and AIDS
- About 33% of Ugandans practice Roman Catholicism, while another 33% are Protestant
- The primary language in central/south Uganda is Luganda. In northern Uganda it's Acoli.

Facts taken from World Bank Uganda, Uganda National Household Survey, Uganda AIDS indicator survey and [www.nationfacts.net/uganda](http://www.nationfacts.net/uganda)







# SCIAF IN UGANDA

Working with our local partners, we're providing seeds, farming tools and training to help vulnerable young people to learn how to grow more food using sustainable and organic farming methods which don't harm the Earth. Some are helped to set up small businesses with the help of small loans, get training so they can learn about savings, financial management and how to run a business. We're giving people a hand up, so they can work their way out of poverty, live a life with dignity, support themselves and their families and build a bright future.



**Here's what Father John,  
Director of Caritas Lugazi said,**

"In the diocese we have many young people who have lost their parents due to HIV and AIDS some have been brought up in very poor families with no chance of an education. Almost 60% of the youth are in need. They don't have food for their families.

"As a way of addressing the needs of the people, we got in touch with our partner in Scotland, SCIAF, and developed a programme to help the youth. We're working with people aged 15 to 35 - the need starts young. In Uganda around 66% of the country are involved in agriculture, so we're teaching people to grow food and feed the family, and sell the surplus".

**"I would like to say a big thank you to all the people in Scotland who've been very generous to us. Without your support we wouldn't have been able to do anything for the young people. So thank you. Be assured of our prayers and know that much has been achieved because of your support and love and care you've given to our people."**



# MEET THE WEE BOX FAMILY

**"Before, we had no hope. But now I have seen a great light in the future."**

Lydia is 26 years old and a single mum to five children, including two she adopted. They live in a small village in central Uganda where poverty and unemployment are rife. Lydia struggled to buy food for her children to eat but with a little help she's now able to provide for her family and has even set up a business as a hairdresser.

"I was living in a very poor situation. My biggest challenge was food. We didn't have enough for the family to eat and sometimes we would go to sleep on empty stomachs."

Lydia's parents died when she was just 13 years old, Lydia and her seven siblings were forced to raise themselves.

Just three years later at 16 years old, she adopted her two nephews after her sister's new husband disowned them. Then, at 24, when she was pregnant with her youngest child, Lydia's husband left her, plunging them deeper into poverty.

"My children couldn't attend school because I couldn't afford school fees or materials. I couldn't provide for their basic needs, like clothes."

Thankfully, Lydia's situation began to change when she got involved in a project run by SCIAF's partner Caritas Lugazi.

"I heard through others in the village about a local group, organised by Caritas. I received seeds and banana plants, and lots of training. I am now part of the saving and loans group."

With the support she received, Lydia was able to transform her family's situation.

**"Now I don't worry. My life has improved. I feel like a human being."**

The support Lydia received changed her life. The family had enough to eat and saw many changes in their lives, but, Lydia's story doesn't end there. With the money she saved, Lydia was able to set up her own business as a hairdresser and provide security for her family's future.

"With my first maize harvest I paid school fees. With my second harvest I started the mobile salon. It feels great to be a business woman. I also teach other community members. Over time, I have bought all of the supplies myself."

**"I feel great now. I am living a happy life. My children are in school and I have enough food. My life has changed a lot."**



# CLASSROOM ACTIVITIES

At SCIAF we always aim to provide activities that cover or reference Es & Os within Learning Outcomes across the various levels of the Curriculum for Excellence. The following activities (and in responding to the prayer resources and fundraising) will cover or reference various Es & Os within the following Learning Outcomes (not an exhaustive list)

**P5 RERC 2-24a, P4/P6 RERC 1/2-09a (bearing fruit), P6 RERC 2-24.**



## BEARING FRUIT

SCIAF is supporting young people and families to grow their own fruit and vegetables so that they have enough food to eat and can sell the extra to earn an income.

Fruit provides physical nourishment but the Bible also talks about 'fruit' in relation to Christian characteristics that come from the Holy Spirit. When the Holy Spirit is at work in us we are able to exhibit the 'fruits' in their purest form.

Galatians 5: 22-23 says, "The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things."

St Paul is writing to the Church in Galatia and prior to the verses above he describes life without the Holy Spirit which is devoid of love, joy, peace...



## GOOD FRUIT, BAD FRUIT?

The purpose of this activity is to help the pupils determine what types of fruit (characteristics) are good and bad.

Using the list of good and bad characteristics on the next page, print, cut out and hand the cards out so that groups of 5/6 have a set each. Make sure they're mixed up. Have the children sort out and split up the good and bad traits. You can get the children to feedback their answers.

Alternatively, you can read out the characteristics mixed up and have the pupils move to one side of the classroom for 'Good' and the other side for 'Bad'.

Read out Galatians 5: 22-23 -

**"The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control."**

Explain that St. Paul is referring to love, joy, peace etc. as 'fruit'. Just as a tree can grow and bear good or bad fruit, we too can be persuaded to produce some of the 'bad fruit' like jealousy and hate or we can be guided by the Holy Spirit and produce 'good fruit' like love and joy.

Close this session by using the prayer tree activity (in the prayer resources pdf on the DVD-ROM) as it gives the pupils an opportunity to respond in prayer.





# Good

Love

Joy

Peace

Patience

Kindness

Generosity

Faithfulness

Gentleness

Self-control

# Bad

Hate

Negativity

Aggressiveness

Quick to get angry

Greed

Selfishness

Dishonesty

Bossy

Jealousy





Love

# GOING DEEPER

Joy

As well as recognising 'good fruit' it is important to think about how, practically, we can show the 'fruits'. This is a simple activity that encourages pupils to get into groups and discuss and write down examples of how they can show love, joy, peace etc.

Peace

Patience

Kindness

Generosity

Faithfulness

Gentleness

Self-control

Give each group a couple of different 'fruits' and challenge them to think of and write down three examples of how we can practically show each kind of 'fruit'. For kindness it might be to say hello to a local shopkeeper and ask how their day is going or for generosity it could be to go without chocolate and put the money in a WEE BOX instead. The pupils can come up with anything relating to their 'fruit'.

Each group should have the chance to feedback their ideas to the rest of the class. This learning could be shared at an assembly to the rest of the school while promoting the work that SCIAF are doing in Uganda.



## MASS IN UGANDA

We know that attending Mass is both a privilege and an obligation for Catholics. According to Vatican figures (Census of the 2017 Annuario Pontificio) there are over 1.2 billion Catholics globally, many of whom attend the celebration of Mass in various different types of Church buildings and with varying cultural differences. About 33% of Ugandans practice Roman Catholicism, while another 33% are Protestant. Please share the PowerPoint presentation in the 'classroom activities' folder entitled 'Mass in Uganda' This activity will make reference to TIOF Es & Os, rather than cover them.



### Scottish Catholic International Aid Fund

SCIAF is the official overseas aid and development charity of the Catholic Church in Scotland and a proud member of the Caritas family. 19 Park Circus, Glasgow, G3 6BE Tel: 0141 354 5555. Scottish Charity No: SC012302 Company No: SC197327. Uganda photos: Colin Hattersley.