

# Suggested social media posts

Text to use alongside social graphics

# Twitter/Facebook Posts for schools/parishes

# General

At [insert school/parish], we're proud to be supporting @SCIAF this Lent. By supporting the #WEEBOX, we're reaching out in love and acting against hunger: **sciaf.org.uk/weebox** 

We must not forsake the people of Zambia suffering from #hunger. We must act now because we know that change is possible. Join us by supporting @SCIAF's #WEEBOX appeal to make a difference now: sciaf.org.uk/weebox

We pray for the people of #Zambia that are experiencing devastating hunger. Together we can reach out in love and act against hunger by supporting @SCIAF's #WEEBOX appeal: **sciaf.org.uk/weebox**  We pray for the spiritual strength of the communities in #Zambia and around the world whose lives are made uncertain by devastating hunger. Please support @SCIAF's #WEEBOX appeal and use your WEE BOX to make a BIG CHANGE: sciaf.org.uk/weebox

By supporting @SCIAF's #WEEBOX appeal, we're reaching out to our poorest sisters and brothers in Zambia with love and compassion and using our WEE BOX to make a BIG CHANGE: **sciaf.org.uk/weebox** 



#### Soul2Sole

At [insert school name], we're reaching out in love and acting against hunger by taking on the #Soul2Sole challenge with @SCIAF. Join us: **sciaf.org.uk/Soul2Sole** 

### Day of Prayer

At [insert school], we're uniting with schools across Scotland to take part in the #SCIAFDayofPrayer. Today, we pray for the people of #Zambia who are suffering from devastating hunger. We pray that they have enough food so that they can look to the future with hope.

# Twitter/Facebook Posts for individuals

#### General

I'm proud to be supporting the #WEEBOX this Lent. Together with @SCIAF, I'm reaching out in love and acting against hunger: sciaf.org.uk/weebox

We must not forsake the people of Zambia suffering from #hunger. We must act now because we know that change is possible. Join us by supporting @SCIAF's #WEEBOX appeal to make a difference now: sciaf.org.uk/weebox Today, I pray for the spiritual strength of the communities in #Zambia and around the world whose lives are made uncertain by devastating hunger. Please support @SCIAF's #WEEBOX appeal and use your WEE BOX to make a BIG CHANGE: sciaf.org.uk/weebox



# Instagram Posts for schools/parishes

# General

At [insert school/parish], we're proud to be supporting @SCIAF\_insta this Lent. By supporting the #WEEBOX, we're reaching out in love and acting against hunger.

We must not forsake the people of Zambia suffering from #hunger. We must act now because we know that change is possible. Join us by supporting @SCIAF\_insta's #WEEBOX appeal to make a difference now.

We pray for the people of #Zambia that are experiencing devastating hunger. Together we can reach out in love and act against hunger by supporting @SCIAF\_insta's #WEEBOX appeal. We pray for the spiritual strength of the communities in #Zambia and around the world whose lives are made uncertain by devastating hunger. Please support @SCIAF\_insta's #WEEBOX appeal and use your WEE BOX to make a BIG CHANGE.

By supporting @SCIAF\_insta's #WEEBOX appeal, we're reaching out to our poorest sisters and brothers in Zambia with love and compassion and using our WEE BOX to make a BIG CHANGE.

# Soul2Sole

At [insert school name], we're reaching out in love and acting against hunger by taking on the #Soul2Sole challenge with @SCIAF\_Insta. Join us!

#### Day of Prayer

At [insert school], we're uniting with schools across Scotland to take part in the #SCIAFDayofPrayer. Today, we pray for the people of #Zambia who are suffering from devastating hunger. We pray that they have enough food so that they can look to the future with hope.



# 0

# General

I'm proud to be supporting the #WEEBOX this Lent. Together with @SCIAF\_insta, I'm reaching out in love and acting against hunger.

We must not forsake the people of Zambia suffering from #hunger. We must act now because we know that change is possible. Join us by supporting @SCIAF\_Insta's #WEEBOX appeal to make a difference now. Today, I pray for the spiritual strength of the communities in #Zambia and around the world whose lives are made uncertain by devastating hunger. Please support @SCIAF\_insta's #WEEBOX appeal and use your WEE BOX to make a BIG CHANGE.